

## DRIVER AND PATIENT DROP-OFF INFORMATION

### Driver Responsibilities

Things you should know:

Depending on the procedure it can take 1.5 to 3 hours until patient pick up. Due to COVID restrictions you can't wait in our lobby.

Please do not go too far away from our office. When we call you'll need to be able to return for pick up within 10-15 minutes.

As the driver, you also need to be able to:

Walk on your own.

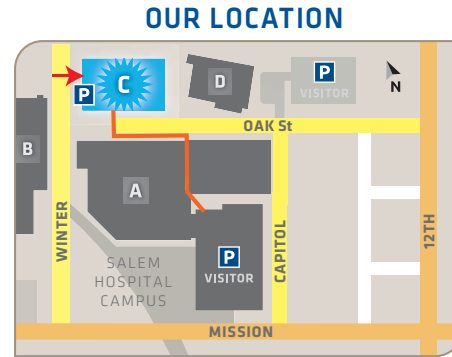
Help in and out of a car.

Drive home.

Remain with the patient for 6 hours.

When the procedure is done our staff will need to be able to contact you. Please be waiting in an area that has cell good phone service. The underground garages do NOT have good service.

If you need to reach a member of our team, please call 503-561-8170.



**875 Oak St. SE Salem, OR 97301**  
*We're in building "C", suite 3095 (3rd floor)*

Patient drop-off for Salem Endoscopy is under building 'C' off Winter St. or in the Oak St. turnaround in front.

You can also drop patients off under building 'C' and park in the parking garage off Capitol St (P on the map). There is a new breezeway toward building 'C' (orange line). You no longer need enter building 'A' (that route will actually be closed from April 19 until mid June 2022).

Please allow extra time.



① Before the Procedure    ② During the Procedure    ③ After the Procedure

What matters is what's inside.

Thank you for choosing Salem Endoscopy Center.  
Please review all the enclosed documents to ensure success.

**503-399-7520**

Mon-Fri 7:30 am - 4:00 pm  
An answering service is available after hours.

See our web site for more information about  
our clinic, surgery center and physicians  
[www.salemendoscopy.com](http://www.salemendoscopy.com)

**Salem Endoscopy**  
Where caring is standard procedure.™



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### Before the Procedure

#### Prep - The Most Important Step

Preparing for colonoscopy is the hardest part.

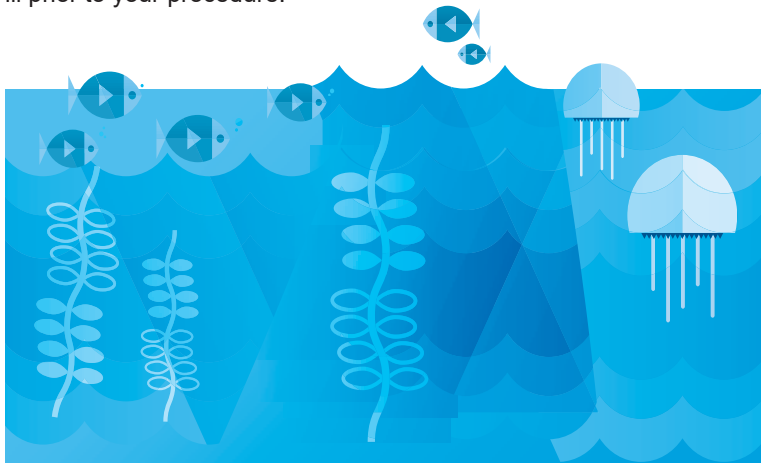
The goal of prep is to clear all food from your system so the doctor can clearly see the surface of your colon.

The instructions you received when you scheduled your procedure are very specific and need to be followed closely.

If prep is not done correctly, the doctor cannot see all the surfaces, the exam may need to be re-done after drinking the prep again.

If you did not receive instructions or have questions please do not hesitate to call our office for help.

Please call our office if you have any changes in health or become ill prior to your procedure.



#### Procedure Checklist

- Double check your appointment date and check-in time. Are you starting your prep on the correct date?
- Have you arranged for an adult driver that is able to walk on their own, help you in and out of a car, drive you home and remain with you for 6 hours?
- Do you have your prep instructions?
- Do you have Special Instructions? If you are on blood thinners or are diabetic you will need to follow those instructions carefully.
- Have you picked up your prep from the pharmacy? (colonoscopy only)

**If proper arrangements are not made your procedure will be rescheduled.**

For answers to Frequently Asked Questions and tips visit our website at [saalem gastro.com/faq](http://saalem gastro.com/faq)s

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### During the Procedure

Once you arrive at Salem Endoscopy you will:

- Checkin: Update your personal info and sign required documents. Please bring your insurance card and estimated payment.
- Wait to be called back for your procedure
- Prepped by our staff. This includes:

- answering health related questions
- getting dressed in a hospital gown
- moved to a stretcher
- place an IV
- ask any questions you might have.

- Meet with the CRNA about Anesthesia. They will ask health related questions to make sure you will be safe during your procedure.

- When everything is ready, you will be transported to a procedure room where you will be introduced to the assisting staff, meet briefly with the doctor, sign your consent and receive your anesthesia.

- When the procedure is done you will wake up in recovery where you will rest until your medication wears off, have some juice or water and get dressed.

③

### After the Procedure

When you leave you will be helped to your car by one of our staff and will meet your driver for pickup.

You will be given Discharge Instructions. These explain some of the common issues after a procedure and what to do if they occur.

#### Some common questions:

*Can I drive myself home? Can I walk home, or take a bus or taxi?*

No, you will be sedated (made sleepy) for the procedure. Someone must drive you home. You will not be allowed to take a taxi or bus unless accompanied by an able bodied responsible adult. You may not walk home after the procedure. If you have not made arrangements for a ride, we will cancel your procedure.

*Does someone really have to stay with me the whole time?*

With COVID-19 some things have changed. Your driver needs to stay in the area so they can return and pick you up after your procedure. Also, you are having a medical procedure which requires you to have someone with you the rest of the day. If you come without a driver or a responsible adult, we will cancel your procedure.



#### Responsibilities of Patient

##### Arrange for an adult driver that can:

- Walk on their own
- Help the patient in and out of a car
- Drive the patient home
- Remain with the patient for 6 hours

**Do not to operate a motor vehicle, enter into any legal contracts, drink any alcoholic beverage or take any drugs (unless prescribed by a physician) until the day following the procedure.**

**Be respectful of all the health care providers and staff, as well as other patients.**

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You will also find other helpful information about our clinic, surgery center and physicians, along with our Financial Policy and Conditions of Admission on our web site.

### Bowel Preparation Readiness Chart



Dark, thick, with particles.  
**NOT READY**

Brown, thick, with particles.  
**NOT READY**

Dark orange, semi-clear.  
**NOT READY**

Light orange, mostly clear.  
**NOT READY**

Yellow, light, clear.  
**READY**