



TC1 Test

EGD with BRAVO Preparation Instructions

Appointment Date:

Check In Time:

Procedure Performed By:

Please review the Bravo instruction video: <https://salem gastro.com/videos/>

Let your doctor or staff know if you have an allergy or sensitivity to nickel.

Stop _____ on _____ (per provider instruction)

Diabetic Medications & Insulin:

Bring your insulin with you on the day of your procedure.

Type II – No diabetic medications day of exam.

Type I – Contact your endocrinologist for special instructions.

Blood Thinners:

Special instructions if you take major blood thinners such as: Coumadin, Warfarin, Plavix, Aggrenox, Effient, Xarelto or Ticlid:

Take last dose of _____ on _____.

Your bridge order has been sent to: _____. They will be contacting you for further instructions. (Delete if no bridge needed).

* Please Note: if you are prescribed a blood thinner or diabetic medication prior to your procedure please call our office.

It is IMPORTANT to follow these instructions regarding your acid blocking medications or we will not get accurate results.

You should also not use Zantac (Famotidine), Pepcid (Famotidine), or Tagament (Cimetidine) 48 hours before study.

1 Day before your upper endoscopy

When you awake, begin Clear Liquid Diet. No Solid Food. You may have: water, coffee, tea, (no milk or creamers) clear fruit juices without pulp or cloudiness, soda pop, Gatorade, chicken bouillon (preferred) or CLEAR broth (no oil-based broth, especially Swanson brand), popsicles, and JELL-O. Avoid the color **red** in all liquids. Avoid alcohol.

No smokeless tobacco/nicotine product of any kind - within 6 hours of your procedure.

Clear liquids OK until 2 hours before your exam.

(Examples of clear liquids: Water, black coffee, tea, clear juices, chicken bouillon (preferred) or CLEAR broth (no oil-based broth, especially Swanson brand), Gatorade, Jell-O, clear soda.)

DO NOT put ANYTHING in your mouth the 2 hours before your procedure.

This includes but is not limited to: bowel prep, medication, hard candy, and chewing gum.

Take **ESSENTIAL** medications (blood pressure, heart and seizure medications for example) **at least 2 hours before your exam.**

You also need to arrange for an **adult driver** that is able to walk on their own, help you in and out of a car, drive you home and remain with you for 6 hours. They must remain on campus for the duration of your appointment.

If these instructions have not been followed your appointment may be delayed or cancelled.

If you have an MRI within the next 30 days of this test please inform the radiology technician so they can make sure the probe completely passed from your body. This probe does contain a small amount of metal.

Follow up: Please come to your follow up appointment with the clinic nursing staff and bring the receiver and your journal.

Return the receiver and journal on_____.

If you received these instructions by email, you will also receive an attachment with additional important information.

Please be extremely careful with this equipment and if you have any problems call our office.

If it is after hours we have an on call doctor that can help you.

Any questions please call 503-399-7520 press option 1, then option 2 for scheduling.

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